

NEWS RELEASE

For immediate release: November 1, 2021

Flu Shot now Available for Individuals 6 Months and Older

NIPISSING & PARRY SOUND, ON – Be prepared for the 2021/2022 flu season by getting your free flu shot. The North Bay Parry Sound District Health Unit (Health Unit) is offering walk-in community flu shot clinics throughout the first two weeks of November 2021.

- Wednesday, Nov. 3, 3 p.m. to 5 p.m. at Magnetawan Municipal Office
- Friday, Nov. 5, 10 a.m. to 2 p.m. at the Sundridge Strong Joly (SSJ) Arena
- Sunday, Nov. 7, 10 a.m. to 2 p.m. at the Stockey Centre in Parry Sound
- Monday, Nov. 8, 2 p.m. to 5:30 p.m. at the Mattawa Golden Age Club
- Wednesday, Nov. 10, 4 p.m. to 6 p.m. at Marcel Noël Hall in Sturgeon Falls
- Saturday, Nov. 13, 9 a.m. to 5 p.m. at Elks Lodge in North Bay

Individuals six months and older are encouraged to get their flu shot. Those who are not able to attend a clinic can visit a local pharmacy, make an appointment with their primary health care provider or call the Health Unit at [1-844-478-1400](tel:1-844-478-1400) to book an appointment.

“Last year we saw a historically low number of influenza cases, which was likely related to measures put in place to prevent the spread of COVID-19. This year, due to increased social interactions and gatherings we expect to see an increase in the flu compared to last year,” explains Elizabeth Mete, Public Health Nurse. “The flu shot is free and is the best way to protect yourself and others from getting the flu.”

Visit myhealthunit.ca for more information on the flu and the flu vaccine.

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